



Advanced clinical tools for management of breastfeeding, cry-fuss, sleep, and maternal mood problems: Masterclasses in Neuroprotective Developmental Care ('The Possums Programs')
Growing joy in early life!

Our Masterclasses offer innovative, evidence-based skills - without unnecessary medicalisation. Learn about the latest understandings of **infant suck swallow and breath coordination in breastfeeding**, drawing on new work about the floor of mouth fascia and oral frenula; gain a deep understanding of the **new gestalt approach to breastfeeding**, derived from ultrasound studies; integrate effective strategies for **decreasing cry-fuss behaviours, including at the breast**; apply simple but effective strategies for **supporting parental mental health**; and help set families on a trajectory of **easy sleep and optimal infant development** from the very beginning of life.

- Key Presenters:** Assoc Prof (Adj) Pamela Douglas, GP-Lactation Consultant, Researcher, Medical Director of Possums Education; Ms Renee Keogh, RN-Lactation Consultant, NDC Accredited Practitioner
- Video presentations:** Dr Nikki Mills, ENT specialist and anatomist, Starship Childrens Hospital, New Zealand (from our March 2019 Masterclasses); Dr Sharon Perella, Research Fellow, Human Lactation Research Group, University of Western Australia (from our September 2018 Masterclasses)
- Times:** 9 am – 5pm each day
- Cost:** \$500 doctors, psychologists, dentists; \$450 midwives, lactation consultants, child health nurses, speech pathologists, other health professionals
- Refreshments:** Refreshments and a simple lunch provided both days
- Pre-requisites:** Please aim to complete Certification Days 1 and 2, either face-to-face or online. (Attendance at our February 2017 Conference is equivalent to the two Certification Days.) The Certification Days lay down the evidence-base; the Masterclasses focus on developing clinical skills. Our online Certification 1 and 2 courses are available at a heavily discounted \$50 each if you register for Masterclasses.
- CPD points:** ACM 2 x 6 CPD points; IBLCE 2 x 6 L CERPS; RACGP 80 Category 1 points (2 x ALMs); ACRRM accredited

For more information, please visit

<https://education.possumonline.com/masterclasses>

Email education@possumonline.com